

Mental Health and Well-being support



AT SAM'S
WE BELIEVE IN MAKING A
DIFFERENCE

Sam's Is Open for face to face support

www.samscafe.org.uk

Linton Lane Centre
Linton Lane
Kirkcaldy
KY2 6LF

Wed, Fri, Sat, Sun
all 2-10pm

(face mask, hand sanitizer and physical distancing)

First House
Woodmill Road
Dunfermline
KY11 4SS

Thurs, Fri, Sat, Sun
all 3-10pm