



ParentPacks

New Baby ParentPack	2
Pregnancy ParentPack.....	3
Weaning	4
Sleep.....	5
Babies Play.....	6
Toddlers.....	7
Toilet Training.....	8
Play Toddlers.....	9



New Baby ParentPack

Your Baby Week by Week, Simone Cave

Games to Play with Babies, Jackie Silberg

Understanding Childhood leaflet- Your New Baby, Your Family and You

My New Baby, Annie Kubler

I Love You!, Amazing Baby

Hide and Seek!, Amazing Baby

Baby Touch Rhyme Book, Ladybird

Faces (Baby's Very First Book), John Fordham

100 Favourite Nursery Rhymes and Songs DVD

Lullaby: a beautiful and soothing collection of night time songs for children and grown ups CD

NHS Fife Relaxation CD

Activity Triangle toy



Pregnancy ParentPack

Bonding with your Bump, Miriam Stoppard

Your Baby Week by Week, Simone Cave

Step by Step Guide to Massage for Pregnancy and Labour, Vital Touch

Babies' Names, Julia Cresswell

What's inside your Tummy Mummy?, Abby Cocovini

Waiting for Baby (New Baby), Racher Fuller

Now we have a Baby, Lois Rock

Understanding Childhood leaflet- Your New Baby, Your Family and You

NHS Fife Relaxation CD

Miriam Stoppard DVD or In the Womb DVD

Massage Roller



Weaning

Practical Parenting: Weaning, Sara Lewis

Top 100 Baby Purees: 100 quick and easy meals, Annabel Karmel

Finger Food for Babies and Toddlers, Jennie Meizels

Top Tips for Fussy Eaters, Gina Ford

Oliver's Vegetables, Vivian French

Oliver's Fruit Salad, Vivian French

I Will Not Ever Never Eat a Tomato (Charlie and Lola)

Fisher Price Brill Basics Pots and Pans toy



Sleep

Sleep: Helping your child to sleep through the night, Siobhan Stirling

Helping your Baby to Sleep: An easy to follow guide, Siobhan Mulholland

Helping your Toddler to Sleep: An easy to follow guide, Siobhan Mulholland

Understanding Childhood leaflet- Crying and Sleeping in the First Months of Life

I Don't Want to Go to Bed, Tony Ross

I am Not Sleepy and I Will not Go to Bed, Lauren Child

Sleep Tight Little Bear, Martin Waddell

Night, Night Baby!, Amazing Baby

Bedtime! Gwenyth Swain

Lullaby: a beautiful and soothing collection of night time songs for children and grown ups CD

Good Night Sleep Tight DVD

NHS Fife Relaxation CD

Mushroom Night Light



Babies Play

The Ladybird Book of Nursery Rhymes, Ladybird

I Love You!, Amazing Baby

Hide and Seek!, Amazing Baby

Baby Boo! Amazing Baby

Games to Play with Babies, Jackie Silberg

Understanding Childhood leaflet- Your New Baby, Your Family and You

40 Children's Favourites CD

100 Favourite Nursery Rhymes and Songs DVD

Musical Keys toy

Baby Rainmaker toy

Activity Triangle toy

play@home Baby Book



Toddlers

How to Calm a Challenging Child, Miriam Chachamu

New Toddler Taming, C Green

Tantrums: Understanding and coping with your child's emotions, Pyramid Paperbacks

Where's my Mummy?, Jo Brown

Head, Shoulders, Knees and Toes..., Baby Board Books

Mr Men Little Learners DVD

Click Clack Dino toy

My First Tambourine toy



Toilet Training

Stress-Free Potty Training, Sara Au and Peter Stavinoha

Practical Parenting: Potty Training, Pyramid Paperbacks

Zoo Poo, Richard Morgan

Nappy Duck and Potty Pig, Bernette Ford and Sam Williams

Have you Seen My Potty?, Mary McQuillan

Elmo's Potty Time DVD

Shape Sorting Caterpillar toy



Play Toddlers

The Ladybird Book of Nursery Rhymes, Ladybird

Guess How Much I Love You, Sam McBratney

The Very Hungry Caterpillar, Eric Carle

Mirror Me!, Baby Einstein

Crafty Kids: Fun projects for you and your toddler, Rosie Hankin

Baby Days: Activities, ideas and games for enjoying daily life with a child under 3, Barbara Rowley

100 Favourite Nursery Rhymes and Songs DVD

Stacking Cups toy

Soft Ball toy